



BRYAN'S GREEN CARE

NEWSLETTER OF BRYAN'S GREEN CARE

Gifts for Friends and Family

WRITTEN BY LOGAN MCILROY

Make gift giving easy on you. We have some great products that you can get for your friends and family that won't break the bank and will promote a healthy mind and body.

1. Pain Salve (2oz for \$22)
2. Lip Balm (\$5)
3. CBD Lotion (\$20)
4. CBD Gummies 225mg (\$22)
5. Salt Soaks (\$22)
6. Hard Candy (\$15)
7. 300mg FS Oil (\$25)
8. Aroma rollers (\$20)



Healing with plants.

WRITTEN BY VICTORIA BRUCE



When I first started learning of plant's medicinal benefits, I was in immediate awe of the pure power that Earth organically produced. There's something heavenly and pure about the cycle of growing your medicine and obtaining medicine from the Earth. I then began to wonder why? Why don't we incorporate herbalism into modern medicine. Why don't we incorporate food and diet as medicine? Was it really greed of pharmaceutical companies or just lack of teaching?

Even with all the western alternatives, plants still remain as an effective option. More and more people are becoming knowledgeable about their many benefits. I think the progression of the cannabis industry has helped to evolve with using other unconventional plant medicines, such as psilocybin mushrooms. Many cannabis manufacturers use common practices of traditional herbalism for extracting or infusing a product. Some even incorporate other herbs in addition to cannabis to their products.

Cannabis has helped people to think outside conventional medicine methods in America. People began to wonder if there are other treatment options outside what by doctor is recommending. Seeking other options that can be used in addition to or sometimes in lieu of their conventional medicine that may be causing unwanted side effects. Plant medicine has been used effectively for centuries even though some are just learning.



Important Dates:

12/9 Merry-Jane Jingle/Roswell
4-6 pm.

12/16 Merry-Jane Jingle/Ruidoso
4-6 pm.

12/24 All Stores Close at 3 pm.

12/25 All Stores Closed.

1/1 All Stores Closed.



Homegrown Kush Cannabis Cards
will be providing Telemedicine
services every Wednesday by
appointment ONLY.

505-508-2417 or
homegrownkushkards.com

FROM ALL OF US AT BRYAN'S

Happy Holiday's

Sales for the month:

Every Friday is 50% Off and
Saturday and Sunday is BOGO 1/2 Off.